

Wellness

Day Packages



Day Packages

Unwinding has never been so easy. Allow the Marbella Club to transport you to a more relaxed, invigorated or calmer you. These packages are available to our resident and non-resident guests and are a perfect introduction to Wellness at the Marbella Club.

ALL DAY PACKAGES INCLUDE:

Juice, herbal infusion or coffee, on arrival*.

Two-course light lunch with water, herbal infusion or coffee*.

Full use of the spa facilities, including the Thalasso dynamic Seawater Pool, sauna and steam rooms, relaxation areas and separate female and male dressing rooms.

Access to the Holistic Studio, the gym and any scheduled fitness activities.

Access to the outdoor pool and sun terrace.
(Sunbeds subject to availability).

10% discount on any additional treatments or services during your Wellbeing Day.

All taxes and service charge.

*with the exception of the 'Jumpstart' package

We suggest arriving at the
Resort at 9:30am with your
departure at approximately 6pm.

Jumpstart to Wellness

Feeling more tired than usual, overindulging and feeling the effects of your hectic lifestyle? Begin your holidays on good form. Juicing regularly has been shown to give that needed break to the digestive system, which enhances the removal of accumulated toxins and an opportunity for the body to have a reset and rest, allowing it to focus on healing.

3 especially prepared detox juices, 1 smoothie, 1 vegetable broth in the evening.

Unlimited mineral water.

A 75-minute Lifestyle & Nutrition Consultation.

A 60-minute Marbella Club Personalised Massage, tailored to your specific needs.

- Guests, €350 / Non residents, €395 -

To Detox

A stimulating and purifying day to gently detox both mind and body. If preferred, lunch can be replaced with our green juice or smoothie of the day. A perfect kick-start to any holiday or more healthy regime.

Thalassotherapy Multi-Jet Bath, 20 mins.

Detoxifying Seaweed Body Wrap, 60 mins.

A Marbella Club Personalised Massage, 60 mins.

- Guests, €385 / Non residents, €430 -

To Destress

Detach yourself from the world for a day and allow the body and mind to unwind with these truly calming and soothing treatments in the sanctuary of our spa.

The Stress-Reducing Ritual, 120 mins.

Hydramemory Facial, 60 mins.

- Guests, €425 / Non residents, €475 -

To Celebrate

A wonderful opportunity to celebrate any event whilst pampering yourself and focusing on your health and wellbeing. Includes a glass of Champagne with your lunch.

A Marbella Club Personalised Massage, 60 mins.

A Marbella Club Personalised Facial, 60 mins.

- Guests, €385 / Non residents, €430 -





To Invigorate

For sports enthusiasts. Allow our expert team to assess and guide you into the perfect fitness session to help achieve your desired goals.

A Fitness Consultation, 50 mins.

A Personal Training Session, 55 mins.

An Intensive Sports Massage or Golfers Tonic, 60 mins.

- Guests, €380 / Non residents, €425 -

To Nurture

Before baby arrives into the world, treat yourself to a day of nurturing treatments to enhance your wellbeing at this special time, and leave you feeling relaxed and truly pampered.

A Marbella Club Prenatal Massage, 60 mins.

A Marbella Club Personalised Facial, 60 mins.

- Guests, €335 / Non residents, €370 -



ETIQUETTE

We look forward to welcoming you to the spa. We ask you to be respectful of our need for quiet and serenity at our premises to ensure you the best and most relaxing time with us.

We encourage guests to arrive at least 30 minutes prior to their appointment to allow the completion of our consultation card and to give you time to enjoy the sauna, steam and showers in the changing rooms as well as at the Thalasso dynamic Seawater Pool which is complimentary to all guests who reserve an appointment for 60 mins or over.

Please note that upon booking our services, you are complying to commit to rules and standards aimed at guaranteeing a peaceful and positive experience for all our guests.

The spa hereby reserves the right to refuse admission to persons displaying any unsuitable conduct and our team have the right to abstain from performing any treatment scheduled. Guests displaying inappropriate behaviour will be asked to leave the spa premises and will be reported to security personnel if necessary.

CANCELLATION POLICY

Please be advised that a 100% cancellation charge will incur for any treatment or package not cancelled within 24 hours prior to the appointment.

May we also politely request that you arrive on time for your appointment as your treatment cannot be prolonged so as to not interfere with subsequent appointments.

PREGNANCY

Please do let our team know if you are currently pregnant or breastfeeding as we are able to tailor and adapt many of our treatments during this very special time.

CLOTHING

You will be allocated a personal locker where a robe, towel and slippers will be provided for your use. Please note that swimming attire is required for the use of the Thalasso dynamic Seawater Pool and suitable attire is available to purchase from the spa reception, if needed.

ACCESS AND RESTRICTIONS

The use of alcohol and tobacco is strictly forbidden in our facilities. To ensure a relaxed atmosphere, we also ask our guests to refrain from the use of mobile devices. Accompanying visitors are not allowed in the spa, nor are pets.

Children under the age of 18 may receive a treatment with written consent of their parents or guardians, and must be accompanied by an adult throughout their entire treatment. Access to the Thalasso dynamic Seawater Pool and relaxation area is prohibited for children under 14. Young adults ages 14-18 must provide signed consent from a parent or guardian.

SECURITY

For your own safety, please follow our staff's instructions at all times. The spa will not be held liable for any physical or material damages caused by the misuse of the spa equipment and facilities.

Please do not put yourself at unnecessary risk. If you feel you are in danger or in case of concern always consult our staff first.

The Marbella Club will not be held responsible for any damages or loss of personal items within the spa or Wellness facilities. We kindly ask that you leave items of significant value in your hotel room safe or at home.

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To reserve a spa treatment, Wellness service or to purchase a gift voucher, please contact our Wellness team on (+34) 952 822 211 or email wellness@marbellaclub.com, where we would be delighted to assist.



Enjoy!



WELLNESS

MARBELLA CLUB

Bulevar Príncipe Alfonso von Hohenlohe, s/n, 29602, Marbella, Málaga, Spain
Telephone (+34) 952 822 211 marbellaclubwellness.com